

My name is Kathy S. and I am writing to tell you of the positive results I have received from Dr. Moyer.

I was diagnosed by my family physician with sciatica. An MRI showed multiple issues with the discs in my back and he recommended surgery. Back surgery terrified me, and I would try anything before surgery, so I went to a friend who was a physiotherapist.

After five months of treatments including ultrasound, laser, heat wraps and spinal decompression, there was, unfortunately, no improvement. I was still in constant pain, limiting my ability to function and enjoy life. My physiotherapist also suggested I see a back surgeon.

I did some research and talked to a few people who had opted for the back surgery. Some had fair results, others poor, and no one highly recommended it to me. I continued to take pain medication, which only helped for short periods of time, I limited my activities and I tried exercising on my own.

It had been a year and a half that I had been suffering from sciatic pain. I happened to run into my cousin one day and she told me she had had sciatica. She told me about Chiropractic and the types of treatments she was receiving, so I decided to make an appointment.

In my 55 years, I had never been to a Chiropractor and I admit, I had a lot of preconceived ideas about Chiropractic treatments and was a little frightened. I was seen by Dr. Brent Moyer who did a complete history and examination, then discussed a treatment plan with me. Everything was explained and I was put at ease. No more fear, just hope.

My treatments consisted of chiropractic adjustments three times a week initially. Dr. Moyer prescribed specific exercises to strengthen my back. With my combination of treatments, in a few months I was pain free. I couldn't believe it! I was able to do all the things I used to do, I was focused and I felt great. I was me again! Now I only go once a month for treatment to maintain my health.

If you have any hesitation about going, don't. Everyone there is friendly and they really care about your health. They have many different treatments to meet a wide variety of needs, and I'm sure they'll be able to meet yours.

Kathy S.